



Faith Falconer

Education/Certifications

- NASM Certified Personal Trainer
- AAI/ISMA Primary Aerobic Instructor
- Silver Sneakers Classic Certified
- Silver Sneakers Circuit Certified
- Silver Sneakers Yoga Certified
- Silver Sneakers Stability Certified
- Silver Sneakers Fall Prevention Certified

Specialties

- General population
- Weight loss
- Senior Population
- Beginners
- Functional Fitness

Availability

Daily

Flexible Hours